

FALMOUTH GARDEN CLUB

WE PROMOTE THE STUDY AND PRACTICE OF GARDENING AND HORTICULTURE; THE PROTECTION AND CONSERVATION OF OUR NATURAL RESOURCES AND THE BEAUTIFICATION OF FALMOUTH.



Issue 167

July 2018

Annual Meeting
Monday, July 9, 2018

Refreshments at 9:00 am
Meeting at 10:00 am



New England Wild Flower Society
Presenter - Bud Sechler
Garden in the Woods, Framingham

Flower of the Month: Lily or Hydrangea



🌸 Presidents' Message 🌸

Judy Salter

Dear Members,

Welcome new officers and Committee Chairs. Thank you so much for your willingness to take on these positions. Your enthusiasm and commitment to the Falmouth Garden Club has not gone unnoticed. With your contributions....well, the sky's the limit!

I'm excited about the changes we made to our yearly calendar. Next year (2019) there will be no January meeting, but we will meet all the other months. This change allows us to meet during the very active times of year that we've been missing. Look for all the dates, times, etc, in our new Yearbook, which will be coming soon thanks to the outstanding work of our Yearbook Editor, Janice Burton. There are plenty events listed within this Newsletter that you must put on your calendar. We have flower shows, an outing, bulb order deadline, Garden Share Day, Bake Sale, and at the end of August the ever-popular Petals & Pallets. Finally, make sure to SAVE THE DATE for our meeting on September 10. We will be presenting 'From the White House to Your House' Ruth Loiseau. Believe me this is a program not to be missed. Tickets will be on sale to the public for \$10 (advanced reservation) and \$15 day of event. As always, **No charge for members of the Falmouth Garden Club.** Make sure to spread the word and invite your friends.

Finally, please read my 'pitch' for a new Chair for Ways & Means Committee and become the superstar of the FGC! Happy gardening,
Judy Salter, President

Falmouth Service Center



PLEASE BRING to July 9, Meeting:

fresh vegetables, coffee, tea, baby food, gluten free products, soaps, deodorants, shampoo, personal care products for men and women, toilet paper and paper towels.

Carol Amaral and Sue Spears



July/August Library Flowers

July 6 - Pat Pisano

July 13 - Kate Jackson

July 20 - Betty Hanson

July 27 - Sheila Gilbert

August 3 - Judy Coonley

August 10 - Ann Rider

August 17 - Nancy Spinale

August 24 - Sharon McKinney

August 31 - Volunteer needed!



Flower Show Information!

*The SE District will be hosting a flower show at Heritage Museum and Gardens on July 24th from noon to 5pm, and 25th, 26th from 10am to 5pm. The title of the show is **"art is everywhere you look for it....el greco"**.

[Flower Show at Heritage Museum and Gardens](#)

*Marshfield Flower Show! (Link below.)

[Marshfield Flower Show](#)

ANNOUNCEMENTS!

No Board Meeting in July.

August 2018

No Membership Meeting in August.

Next Board Meeting:

August 27 – Gus Canty Center

Bulb Orders! Please get your bulb orders in to Gretchen as soon as possible. If anyone needs a brochure, Kathy Tunsley can mail you one. Brochures will be available at the July meeting.

Petals and Palettes

Coming up in August/Sept! Calling all floral arrangers!
Our Garden Club's Annual Collaboration with The Falmouth Art Center

Friday, August 31 - 12:00 to 4:00 Come to The Falmouth Art Center to choose a piece of artwork from the Autumn Juried Exhibition to interpret in a floral arrangement of your design.

Friday, September 7 - 10:00 to 12:00 Bring your arrangement in to the Art Center.

Friday, September 7 - 5:00 p.m. to 7:00 p.m. Reception for all at the Art Center.

Please email, or call, Judy Coonley if you are interested in participating in this fun event. Arrangements will not be judged, which makes it even more fun!! **Please sign up by Monday, August 27th. Thanks!**

khcisc@msn.com

508-333-4158

Hospitality

Co-Chairs: Pat Blessington, Sally Langlais



The luncheon in June at the Flying Bridge was terrific. Thank you to everyone who had a part in making it such a lovely event.

The next meeting is July 9th at 10:00 am with refreshments at 9:00 am and the monthly hostesses responsible this meeting for bringing in breads, muffins, etc. are: *Sybil Drummond, Michele Sax, June Todaro, and Nancy Warren.*

Bringing in fruit, cheese, etc. are: *Thelma Spicer, Becky Sue Epstein, Barbara Gachot, and Skip McCormack.* Thank you in advance and we hope to see everyone on the 9th.

Hydrangea Festival at Highfield Hall



VOLUNTEERS NEEDED!

We need some volunteers for this event to cover the open hours of 11:00 am to 2:30 pm on July 15th at Highfield Hall. This is a beautiful festival for everyone to enjoy!

If anyone can help that day, please get in touch with Kathy Tunsley! Just an hour or so will help.

Thanks!

Kathy

JULY GARDENING TIPS



Nancy Warren, Horticulture Chair

I thought there wouldn't be much to say about gardening in July, but I was wrong. There are nearly 100 gardens across the Cape open for your pleasure this month. Plan one day or several and take advantage of the hospitality of local gardeners.

Inspiration: **Garden Tours** will inspire you. **The Cape Cod Hydrangea Society** is sponsoring several spectacular open gardens as part of the annual Hydrangea Festival run by the Chamber of Commerce. One of the most outstanding gardens is right here in **Falmouth**. Open on July 8 and 13, this garden, located right off of Route 28 opposite Mahoney's Garden Center, is the lifelong project of two extreme gardeners and I highly recommend it!

The Chamber of Commerce is the master coordinator of many other garden tours during its annual **Hydrangea Festival, July 6 – 15**. To see a complete list of all tours that will keep you busy for days, go to the Chamber's website:

<https://www.capecodchamber.org/hydrangea-fest>

If hydrangeas are your first love, the Cape Cod Hydrangea Society also offers its 3rd annual **Hydrangea University at Heritage Gardens, Sandwich on Friday, July 6**. Cost is \$80 with discounts for members of the Hydrangea Society. The pre-eminent horticulturist, Dr. Michael Dirr will be presenting at this year's event among other plant specialists. A day of learning and an opportunity to see the display gardens at their best.

Annals: Deadhead. This is the single most important thing you can do to keep your container plants looking beautiful. Take along your cocktail in the evening and stroll your garden snipping or pinching off dead and dying blossoms. A whole new crop is eager to come forth. A bi-weekly dose of diluted liquid fertilizer will also pay you back in blooms.

Roses: Roses are heavy feeders and appreciate an extra dose of fertilizer now so that the autumn flowering is robust. I like Espoma's Organic Rose-tone.

Basil: even non-vegetable growers like to grow some basil plants for summer tomatoes. Here's a harvest tip: prune whole branches of basil plants, not just the leaves. This will encourage new branches and larger leaves to form.

Iris: Dig and divide bearded iris rhizomes now. Discard soft rhizomes. Make sure each division has a healthy fan of leaves attached.

Your garden's design is a living, changing thing and your plants will tell you if they are happy in their location.



Falmouth Garden Club
Presents
Ruth Loiseau
White House Floral Designer

Ruth's lifelong expertise in floral design, her workshops, her lectures and her reputation are nationally renowned

When: Monday, September 10, 2018, refreshments served at 9:00 am, program starts 10:00 am

Where: First Congregational Church
68 Main Street, Falmouth, MA

Details: Fresh Baked Pastries Served with fruit, coffee, juice, tea

Guest Donation: *\$10 for Advanced Reservations by 9/2/18

\$15 for Day of Event

Space is Limited

Advanced Reservations are Strongly Recommended

(Read Ruth's fascinating biography & further info. on the next page!)

Ruth Loiseau has served at the White House for over 28 years, and is an SBA Nationally recognized Master Floral Designer, Ruth has created magnificent floral designs for special events at the White House since the Reagan Administration; these include Congressional Barbecues, the visit of Prince Charles and Princess Diana, the NATO Summit, State Dinners and for both visits of Queen Elizabeth II. She was presented the Certificate of Appreciation by Hillary Clinton in 1998 and continues to assist with special events for the current administration. Ruth's work has been featured in many prestigious print publications over the years. She is a highly respected lecturer on the art of floral and interior design and had the honor recently to be featured as the Keynote Speaker at the Bouquets to Art event at the De Young Museum in San Francisco, CA.

****Please mail your checks (please make sure your name is clearly written on the check) to:***

Falmouth Garden Club

P.O. Box 487

Falmouth, MA 02541

Deadline is September 2, 2018.

****No charge for members of the Falmouth Garden Club.***

Ways and Means Chair

We are in need of a member to fill the position of Ways & Means Chair. The Ways and Means raises money for the operation of our Club and for Scholarships. I'm sure you're all aware that this position plays an important role in the success of our Club.

STOP! Please don't turn away thinking you cannot possibly do this. Here is the best news: The FGC Board has worked hard to set up fund-raising Committees that fall under the Ways & Means umbrella. To date these Committees are: Fall Bulb Sale, Bake Sale, and Holiday Market & Greens Sale. These Committees already have very strong, organized Chairmen, and committee members. Because of the way this is structured now, the Chair of Ways & Means has an easier job and one that will be so much more productive. Essentially, the job would be to guide and oversee these Committees as a Director; seek future fund raising projects, or assess those that are brought forward and assigning Chairs for the same. Also, please note that there is a productive Committee in place under the Chairmanship to make light of any work that needs to be done. The Chair of Ways & Means is *strictly* a leadership position.

Please give this serious thought. The Falmouth Garden Club needs you. Give me a call at 781-718-5449 or email me @ jjsalter19@comcast.net
I'd be glad to guide you in your decision making.

Thank you,
Judy Salter, President

HEAR YE, HEAR YE!

The
HOLIDAY MARKET

&

GREENS SALE

Is taking place on

SATURDAY, DECEMBER 1ST 2018

More information and fun to follow.

We are making an appeal for donations of very small to mid-sized terra cotta pots please.

*I will be collecting at the next few
Garden Club meetings.*

Thank you!

Andrea Anderson & Lori Bisbee
Co-Chairs



Conservation Legislation Committee

Skip McCormick, Chair

On June 14th ten members of the FGC visited the Cape Abilities Farm in Dennis. It was both an interesting and informative visit.

We learned about the mission of Cape Abilities Farm and reviewed the results of their efforts.

We saw beautiful plant material and many impressive vegetable plants.

After our tour, we had an enjoyable lunch at the Marshside Restaurant in East Dennis.

A fun and educational time was had by all.

Memorial Park

Carol Piazza, chair



Our new great idea was that many members of the Gang offered to dig up a few shade loving plants from their own gardens to bring to the Park for the shade bed under the cedar tree bed. It looks fantastically better!! Yeah team!! This has been a very difficult bed, but because we now have water it will hopefully thrive! Next week we will be spreading mulch to make a lovely finished look to all the beds and hold the moisture. Again, I want to thank the water crew for all their work! It is essential to our success!

Garden Share Day, Monday, July 23, Noon - 4 pm

Mark your calendars July 23, is Garden Share Day from Noon - 4 pm.

This is a chance for members to get to know each other and to share the love of gardening. It's always an adventure and always fun. See you there!

Judy Salter, President & Garden Share Day Organizer

These generous ladies have opened up their gardens to you:

Pat Pisano's Garden: 66 Teaticket Path, East Falmouth



Eleanor Kopp's Garden: 154 Ostrom Road, East Falmouth



Jr. Gardeners

Co-Chairs: Rosanne Mili & Heidi Di Giovanni

I am happy to report that the members of Jr Garden Committee have been working with the students at the Mullen Hall School this year under the guidance of Julia Leshin, garden coordinator. In the Spring, classes planted radishes, peas, carrots and lettuce in the garden. Recently, students enjoyed harvesting and eating the produce that they planted! Many thanks to Falmouth Garden Club members Paula Stone, Jean Walker, Nancy Spinale and Heidi DiGiovanni for sharing their gardening expertise with teachers and students.

Heidi DiGiovanni is now joining me to co-chair the Jr. Garden Committee. I welcome her great ideas and energy to build upon and improve our first collaboration with the Falmouth Public Schools. In addition to volunteering in a 3rd grade classroom and working bi-weekly with the students in the school gardens, Heidi has been attending meetings throughout the year at the North Falmouth Elementary School to offer her guidance in building and planning a school garden.

This summer, we will be working with the garden coordinator at the Mullen Hall School to develop specific lessons that volunteers can use in the classroom. These lessons will be volunteer friendly and will be designed to create the ultimate learning experience for students! If you would like to offer input to these lessons or would like to volunteer to work in the schools, please contact us.

Rosanne Mili

Rosanne.mili@verizon.net

Heidi Di Giovanni

heidisimms@hotmail.com



Falmouth Garden Club Bake Sale
Saturday, August 25th, 2018
Falmouth Museums on the Green

Thank you to everyone who made last year's bake sale such a great success. We are hoping you will help us do it again this year, on Saturday, August 25 as part of the Falmouth Museums on the Green Annual Antique Sale. You can help by signing up to bring baked goods and setting up for the sale on Friday, August 24 at the Conant House or to work the sale on Saturday.

We can use **these items** packaged in non- returnable containers, packaged beautifully please!!!

- *Pies*
- *Bars*
- *cakes*
- *brownies*
- *muffins*
- *rolls*
- *bread*s
- *jams*
- *jellies*
- *pickles*
- *chutney's*

Please package baked items in groups of six (6) or separately using clear bags or cling type wrap. Party Goody Bags work great and look pretty. If you are baking a **cake or pie**, it should be left whole. We would also like to encourage you to make these as they are good sellers. We do see requests for items that are gluten free and sugar free products.

Drop off on Friday, August 24th at the Conant House from 9:00 a.m. till 12:00 p.m.

Thank you!!!

Transportation issues: Please let us know and we will do whatever we can to accommodate you

We thank you all for your help,
Your Bake Sale Committee



Garden Therapy

As you may know, we expanded our Garden Therapy program to include Royal Megansett Nursing facility in North Falmouth. We held our first session in late May, and it was very successful due to the time and attention of the dedicated Garden Therapy team.

Robin Ketchum has been hosting creative sessions with Royal Megansett for some time now, as her late mom was a resident there. Robin paved the way for a warm welcome on our first official day delivering an FGC Garden Therapy program. We were greeted by a room full of residents, with a few grumbling about the fact that they did not like flowers – when told who we were and why we were there. Of course, once they saw the beautiful spring-colored tissue flowers that we were going to make – they knew they had to stay. We had approx. 15 participants – with 3 being gentlemen. They were just as excited about the project.

Each resident was provided with a vase to call their own, which they would use to insert 3 flowers – colors of their choice (pink, green, yellow and orchid). The Garden Therapy team met earlier in the week to do the prep work of fan-folding the tissue paper, and attaching the soon-to-be flowers to long-stem wire to hold them up proudly in the vase. Thanks team! You could see the pride in the faces of each of the residents as they unfolded each layer to form a beautiful flower. Some needed a little help, but we had plenty of it thanks to the team. Once they were satisfied with their creations, the team helped them “layer” the flowers in the vase so that each flower could be proudly shown. We then inserted live baby’s breath into each vase to complement their creations. They were thrilled to be able to take them back to their rooms. They were very intent on making sure that their names were put on their vases – so as not to get theirs confused with anyone else’s.

The most memorable moment that I will take with me for a long time to come was a gentleman who created a vase with 3 flowers that he lovingly made all by himself – no help needed. Later on, his wife (also a resident) came to the room in her wheelchair and he presented the vase to her, and proudly said that he had made them for her. The look between the 2 of them almost brought tears to my eyes – the love that we have certainly all seen and experienced in our relationships. It was just a look – unspoken, but yet so powerful! I will never forget that special look and bond between them, sparked again as a result of our session. That is why we do what we do! We made a very special impact on their lives that day! Thank you to the Garden Therapy Team for your loving and caring support of Falmouth seniors, as always.

Enjoy the pictures below – which are somewhat limited as we were asked not to show the faces of the residents. If you are interested in participating in an upcoming Garden Therapy session, or would like to learn more about it, please let me know.

