

# FALMOUTH GARDEN CLUB

WE PROMOTE THE STUDY AND PRACTICE OF GARDENING AND HORTICULTURE; THE PROTECTION AND CONSERVATION OF OUR NATURAL RESOURCES AND THE BEAUTIFICATION OF FALMOUTH



Issue 153

February 2017

## Membership Meeting

Monday, February 6, 2017

First Congregational Church

Falmouth Center

12 Noon Refreshments

Program 1 pm

"Preparing for spring bulbs and pruning techniques" Presenter -

Molly B Hutt-Wardwell

Ms. Hutt-Wardell, of

Schumacher Cape Cod, is the Landscape Maintenance Manager.

She will guide us through spring

garden rituals preparing for

flowering bulbs and pruning

techniques. Ms. Hutt-Wardell

holds a BS in Horticulture and

Masters in Ecological Principles of

land management and design,

focusing on coastal gardens and

landscapes.



Flower of the Month  
Hellebore or Succulent

### President's Message

Hello February! ~~This time of year the garden catalogs start pouring in, giving us the promise that spring is not far away. There is nothing better than to tuck in front of a fire and peruse the newest 'proven winners' and new cultivars. ~~Our speaker this month is "Preparing for spring bulbs & pruning techniques" with Molly Hutt-Wardell. The perfect tonic for a chilly February day. Please try to make this mid-winter meeting! ~~The dinner celebration for the Falmouth Garden Club to receive The Heritage Award, has been set by the Historical Society, for June 21<sup>st</sup> held at the Coonamesett Inn. This Award was established in 2000 to mark the 100th anniversary of the Historical Society. The award recognizes individuals or organizations who have provided outstanding leadership over time to help preserve the character, culture, stories, vistas or other aspects of Falmouth's rich history or have inspired others to do so, resulting in a lasting legacy. All are welcome and encouraged to attend! We should be proud to be included in this wonderful event. ~~Art in Bloom is taking place in Boston at the MFA on April 29, 2017 - May 1, 2017. Yours truly along with Fluffy Winner will be entering in the show. Plan a car trip up with fellow garden clubbers and enjoy looking at the many, various entrees. Wish us luck! ~~Kudos must be given to Carol Meyers! She has been the recipient of a grant from her employer. The \$250 grant awarded to FGC from Bank of America, for 50+ hours of volunteering with a non-profit organization during 2016, and will be credited for use by the Garden Therapy Committee. Thank you Carol for your hard work getting this committee back on it's feet again. ~~I also want to remind everyone to please check the handbook each month to see if your name is listed. If so, that means you are responsible to bring a treat, and if you cannot, please find a replacement!

Be Mine Valentine! All the best. *Andrea*

## Falmouth Service Center



**PLEASE BRING to February 6,  
Meeting:**

**Gluten free products, soaps,  
deodorants, shampoo, baby food,  
coffee and tea.**

*Sue Spears & Carol Amaral, Co-Chairs*

## February Library



*Flowers*

**February 3 - Mimi Gregory**

**February 10 - Sharon McKinney**

**February 17 - Robin Ketchum**

**February 24 - Sue Rau**



**We' ll be making Easter Favors**

**April 6, 9:30 am, Gus Canty**

**Robin Ketchum, Chair**



## Membership Report

Active 82

Associate 21

Provisional 10

Honorary 11

Summer 10

**TOTAL 134 members**



## Conservation Legislation Committee

The next Conservation and Legislation Committee (CLC) event is an INDOOR visit to the MBL/WHOI Library Herbarium on Thursday February 16, 2017 at 10:00 am.

The Herbarium plays a vital role in helping to document floral and environmental changes and in locating and protecting rare plants and their habitats. The Herbarium is a library of pressed, dried, identified plant specimens. It provides a permanent record of both past and present plants of Cape Cod and the Islands. Note, however, that the Herbarium is not a large physical space. Therefore, attendance is limited to 12 FGC attendees, on a first come, first serve basis.

If you are interested in attending please contact Skip McCormack at 508-548-0381, or at [sk-mccormack@comcast.net](mailto:sk-mccormack@comcast.net). Alternatively a sign-up sheet will be available at the FGC meeting on February 6, 2017. Directions will be sent to those who sign up for this event."

*Skip McCormack, Chair*

**IMPORTANT**  
**Remember Your  
Falmouth Garden Club  
Survey & Dues. See  
Pages 5 & 6 of this  
Newsletter**

## February Garden Tips

February may not be the month when thoughts turn to gardening and if you are like me you are grateful for a few months reprieve from all the chores. It is not all bleak and desolate though. A walk around the garden has signs of life all over. My clumping bamboo with the sun on its leaves looks spectacular, my sedum Angelina is glowing as does the coral bark maple, the perennial geraniums, hellebores, and liriopse are still green, and my witch-hazel 'Arnold Promise' is full of buds, which next month should produce a mass of yellow blooms. This time of year it is good to see the structure of your garden, do you have enough evergreens, should you plant more shrubs? Do you need focal points, places to sit, pathways to guide you around the garden? Now is a good time to plan.

If the ground stays frozen perennials stay protected especially if we have snow cover, but when the ground thaws it can push the roots of perennials out of the ground. Try pushing them gently back into place so roots do not freeze. Keep pruning. Bare branches make it easier to notice broken and crossed branches in shrubs and trees. Grapes, blueberries, brambles and most fruit trees should be pruned now. Do not prune spring blooming shrubs (forsythia, lilac, serviceberries etc.) unless you are willing to sacrifice this year's flowers. The Cape Cod Cooperative Extension in Hyannis [www.capecodextension.org](http://www.capecodextension.org) is a good resource if you need specific advice on plants. If you do prune your forsythia, quince, pussy willow, try forcing some of the branches to bloom early by bringing them indoors.

Although the very best time to apply fertilizer to trees and shrubs is late August or September, the next best time to fertilize woody plants is early spring before new growth appears. Compost, well-rotted manures and sewage sludge may be used to fertilize or granular fertilizer applied to the soil surface to the drip line.

Some annuals, perennials, and vegetables that need an early start can be started from seed indoors in February. These include begonia, impatiens, lobelia, salvia, verbena, snapdragon, and stocks. For vegetables it includes leek, celery, chives and onions. Growing from seed offers some new and a lot more interesting varieties than can be found as plants later in the season.

Pay attention to your houseplants too. The dry air encourages mealybugs and aphids. Mist plants or use pebble trays with water for plants to sit on to increase humidity. Wash leaves to remove any dust and re-pot if they need it.

Kathy Tunsley, Chair Horticulture 

## Garden Therapy Program



The next Garden Therapy session is scheduled for February 16. Projects are still being finalized, but will be centered around a Valentine's Day theme. We will continue with our total sensory approach by incorporating project and environmental aspects that will stimulate all the senses – sight, touch, smell, hearing and taste of course! No activity is complete or as memorable without tasty treats! We will also structure the session so that residents can come and go anytime within a 90 minute period based on their personal schedule or interest level. This approach was very successful in previous sessions.

If you are not currently part of the Garden Therapy Program, and you would like to join us on February 16 – or you would like to learn more about the program, please reach out to any of the members or myself! We would love for you to join us. No experience necessary – just a desire to bring a little joy and sunshine into the lives of those who participate in the program.

*Thank you,  
Carol Meyers, Chair*

## Design Workshops

Our next Workshops will be Monday April 10th and Monday June 12th at 9:30 at Gus Canty Rec. Center.

The Design Committee is waiting to decide on the topics of our next two workshops, as the National Garden Club Federation is releasing a new Handbook of Rules for Flower Shows. It is due out at any time, and we will plan to co-ordinate our workshops with some new designs that we will be able to use for our Flower Show next summer. So stay tuned for the next designs!

*Carol McInnes, Chair*

## CALENDAR OF EVENTS

**February 6:** Membership Meeting  
(Page 1)

**February 16:** CLC Outing  
(Page 2)

**February 16:** Garden Therapy  
(this page)

**April 6:** Meals on Wheels Workshop  
(Page 2)

**April 15:** FGC Annual Dues

**April 10:** Design Workshop (this page)

**April 29-May 1:** Art in Bloom  
Boston Musuem of Fine Arts

Please see attached Falmouth Garden Club  
Annual Survey and Dues Payment (Pages 5 & 6)

*Happy Valentine's Day!*

*Judy Salter, Newsletter Editor*

# Falmouth Garden Club

## Dues Notice and Membership Commitment for 2017-18

After printing , please **CIRCLE** your membership class (Copies of these forms will be available at the April meeting for those who do not have use of a printer).

Name \_\_\_\_\_

Address / PO Box \_\_\_\_\_

Town & Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Provisional \$45  
Active \$45  
Associate \$50  
Summer \$35  
Honorary

As stated in Article IV of the by-laws: “Dues shall be paid by **April 15<sup>th</sup>**. Members whose dues remain unpaid by the annual meeting, having been given notice in writing, shall be dropped from membership by vote of the board.”

Please bring your dues check payable to the Falmouth Garden Club, and both forms to the April meeting. Forms and checks may also be mailed to:

Falmouth Garden Club  
Attn: Carol Amaral  
PO Box 487  
Falmouth, MA 02541

## Falmouth Garden Club Commitment 2017-18

Dear Garden Club Member,

Participation in standing committees is part of your membership responsibility. As we approach a new garden club year, it is helpful for present and incoming chairs of committees and/or activities to have the following information as they form their groups. For more information regarding committee descriptions please see your club's directory. Thank you, *Carol Amaral & Pat Jones Co-Chairs of Membership Committee*

Please circle or highlight any committee or annual activity you would like to join. You will be contacted by the chair(s) regarding meetings, etc.

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**Your Name (print):**

**Contact#**

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**Key:** O-committee consists only of chair(s)

\* Every member is required to participate annually  
FHS (Falmouth Historical Society)

O- Awards

O- FHS Liaison

Conservation & Legislation

Garden Achievement

Holiday Greens & Crafts Sale

Service Center Donations

Floral Design Workshops

August Bake Sale

\*Hospitality: Winter\_\_ Spring\_\_ Summer\_\_ Fall\_\_

Garden Therapy

O- Membership & Reception

\*Library Flowers

Mentoring

FHS Holiday Decorating

O- Nominating

FHS Colonial Garden

O- Publicity

O-Newsletter

Ways & Means

FHS Butterfly Garden

Scholarship (Educational Outreach)

FHS Memorial Garden

Junior Gardeners

O-Petals & Palettes

O-Horticulture (Flower of the Month)

Parliamentarian

Programs

O-Website

Civic Beautification

O-Website

Carol Sing (Christmas)

Meals on Wheels

Yearbook

Field Trips